



# CAREER TRANSITION COACHING PROGRAMME

## ARE YOU DEDICATED TO SUPPORTING YOUR PEOPLE THROUGH UPCOMING CHANGES?

We want kaimahi to feel supported, engaged and prepared through change. The Kindred journey is tailored to individual needs, our coaches are experts in providing practical advice, guidance and useful tools and activities to prepare participants for the next step in their career journey.

## BENEFITS FOR ORGANISATIONS

- Provides staff with a more positive change experience, protecting your organisational reputation and brand
- Shows your commitment to supporting the impacted kaimahi and the rest of the team
- Provides a confidential safe space to the participant as they work through change

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 [www.kindredwork.co.nz](http://www.kindredwork.co.nz)

## OUR PROGRAMMES

Our programmes are built collaboratively and cover topics from managing change to building self awareness, discovering and articulating your transferable skills and practical job search support.



### EXPRESS 3 SESSIONS

Practical support to help market ready participants make purposeful moves in their job search.



### INSIGHT 6 SESSIONS

Strategic support to develop a plan and focused attention to reset their career path and move back into the market.



### EXPLORE 10 SESSIONS

In-depth guidance to support participants re-evaluate, plan and implement next career step.