

DEVELOPMENT INSIGHTS

COACHING PROGRAMME



THE PROGRAMME

The Kindred development and career journey is tailored to individual needs and our coaches are experts in guiding participants through the journey, asking questions, and acting as a sounding board for participants to move forward:

FOCUS AREAS

- Building self-awareness, articulating your strength and development areas
- Reflecting on achievements, transferable skills and future focus areas
- Practical development support (creating SMART goals, working with different stakeholders and your manager)

 kiaora@kindredwork.co.nz

 www.kindredwork.co.nz



SELF ASSESSMENT

Using a personality/motivation questionnaire to frame the programme, building an understanding of motivators, strength and development areas.



SET YOUR GOALS

Coaching is about empowering you to see their own potential and take hold of your own development journey. We'll work with you to plan what areas to focus on.



MAKING A PLAN

We'll support you to create targeted development objectives for your development planning in an actionable, focused way.



ACTIONING WITH YOUR MANAGER

We'll meet with you and your manager to talk about how you can achieve these goals so that you and your manager have a pathway forward when you leave the programme.